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No matter Tennis Server - Turbo Tennis - The Ten Commandments Of Doubles ?If so, I dont think you need any research to consolidate this fact. Anyone who has played enough tennis, know that rallying is the best way to get more consistent How to beat a better player Tennismash In discovering how to be a better tennis player, each player must learn principles of improving in tennis and the physical, mental and emotional aspects. 10 Ways To Instantly Improve Your Tennis Game SI.com 13 Aug 2014. Happy 50th episode of Tennis Quick Tips! Im so excited to have made it to my official 50th episode of this podcast. And I have a special gift for Want to Play Better Tennis? - Optimum Tennis This will make it so your body moves in a much more fluid and natural way when you take your shot. Keep your eyes on the ball at all times. Even though this sounds easy, every tennis player must master this skill. Train your eyes on the ball when your opponent serves it to you. 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